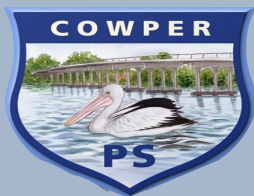




Strive to Achieve



## Cowper Public School

74 Clarence Street  
COWPER NSW 2460  
Ph: (02) 6647 6339 Fax: (02) 6647 6409  
E-mail: [cowper-p.school@det.nsw.edu.au](mailto:cowper-p.school@det.nsw.edu.au)  
[www.cowper-p.schools.nsw.edu.au](http://www.cowper-p.schools.nsw.edu.au)

### SAVE THE DATE!

**3rd - 7th Aug**  
Education Week

**Thurs 6th August**  
Ed Week Activities Day

**Wed 19th Aug**  
Maclean High School Transition

**Mon 24th August**  
Ear Health



**REMINDER:** All Current Newsletters are available 24/7 via the School Website  
[www.cowper-p.schools.nsw.edu.au!!](http://www.cowper-p.schools.nsw.edu.au!!)

#### Newsletter Term 3 - Week 2

**Thursday 30th July 2020**

#### A Note from the Principal...

Welcome back to Term 3. We have had a great start to the term and all students have settled quickly back into routine.

#### COVID

As the Covid situation continues to evolve we remain vigilant in promoting personal hygiene practices while the students are at school. While a number of activities have recommenced in the school, activities that remain on hold for the moment and will be considered through Term 3 include: Kindergarten Orientation, school camps, parent and carer attendance at school events, parent and carer volunteers.

Please remember to keep your children at home if they are unwell and contact the school so we can keep attendance records up to date. We have also been advised that any absence of more than 3 days requires a medical certificate to be considered as a justified absence.

If your child is late to school it is important that you sign them in at front office in the Sign In Book. If this book is not signed your child will remain marked as absent for that day. Notes will be sent home for students that come late and have not been signed in.

#### EDUCATION WEEK

Next week is Education Week and students will be participating in special activities on Thursday (6<sup>th</sup> August) to celebrate. The theme for this year is Learning Together. Keep an eye on Facebook to see our Education Week celebrations. Students from our school will also have their artwork on display in "The Link" at Grafton Shoppingworld.

#### ILPS

In the coming weeks teachers will be working with students to review their Individual Learning Plans. Please take the time to discuss these plans and the goals in them with your children. These plans are important as they give students opportunity to set formal goals that they can strive towards over the coming Semester. Your participation in this process shows your child that you are interested in and value their education.

*Sue Magarry - Principal*



Education

## YOU CAN DO IT

Our You Can Do It program, which teaches our students specific social and emotional skills, is currently focussing on CONFIDENCE. The lessons in the program teach students the importance of being confident and provide them with ways for maintaining their confidence in the face of setbacks.

### I Have Confidence In Me



Things that you can do at home to encourage CONFIDENCE in your child include:

- Provide opportunities for them to try something new
- Encourage them to complete a difficult task without asking for help
- Allow them to express an opinion about something that may disagree with others' opinions
- Encourage friendships with other children
- Treat mistakes as learning opportunities
- Congratulate them for 'having a go'
- Catch them and acknowledge them for displaying confident behaviour.





# STEAM



What do you get when you combine bi-carb soda, vinegar and a little bit of food colouring? A **volcano!!!** This week in STEAM students experimented with different ingredients to create a bubbling reaction for their sand volcanos.





# CPS On Display!

Take a leisurely stroll down 'The Link' at Grafton Shopping world during Education Week to see our students art work on showcase. From the 3<sup>rd</sup> – 9<sup>th</sup> of August.



## Kids in the Kitchen

Kids in the Kitchen is back in full swing! This week CPS students enjoyed a meal of Bacon and Cheese Mini Quiches. Thanks Luke, Selena and Emily!

